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**Ways in which journaling
is extremely helpful in
your prayer life:**

1. Frees you to write in faith,
knowing you can test it
later.

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**Ways in which journaling
is extremely helpful in
your prayer life:**

2. Enables you to receive
whole pages, rather than
single phrases.

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**Ways in which journaling
is extremely helpful in
your prayer life:**

3. Keeps your mind occupied
and therefore out of the
way.

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**Ways in which journaling
is extremely helpful in
your prayer life:**

- 4. Helps you recall the message after a period of time.

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**Ways in which journaling
is extremely helpful in
your prayer life:**

- 5. Helps you persevere during periods of waiting.

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**Practical Suggestions
for Journaling**

Journal when you are alert and ready.

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**Practical Suggestions
for Journaling**

Write in a notebook,
type, or use a hand-held
tape recorder.

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**Practical Suggestions
for Journaling**

Keep your journal
secluded, and use codes
when necessary.

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**Practical Suggestions
for Journaling**

Grammar and spelling
are not critical when
journaling.

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**Practical Suggestions
for Journaling**

Date all entries.

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**Practical Suggestions
for Journaling**

Include your communion
with God, dreams,
visions, interpretations,
etc.

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**Practical Suggestions
for Journaling**

God will cause your
journal to naturally focus
on faith, hope, and love
(I Corinthians 13:13).

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**Practical Suggestions
for Journaling**

Have a good knowledge of the Bible as you journal so that God can draw upon that knowledge.

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**Practical Suggestions
for Journaling**

When you begin to journal, **write down** the question you have. This will facilitate getting a response.

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**Practical Suggestions
for Journaling**

As you are learning, you may want to journal daily.

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**Practical Suggestions
for Journaling**

Journal in the area God
has given you authority
and responsibility.

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Danger – Warning!

Restrict your journaling to
the categories found in
1 Corinthians 14:3

- Edification
- Exhortation
- Comfort

Avoid predictive prophecies unless you
are recognized in the office of a prophet.

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Personal Application

Journaling Exercise:
Lord, what do You want to say
to me concerning journaling?
How important is journaling in
my life? What time during my
day is it best for me to journal?

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The Fine-tuning Dial

1. Sincere heart
2. A Full Assurance of Faith
3. Inner heart sprinkled clean from an evil conscience

Slide 47

The Fine-tuning Dial

1. Sincere heart
2. A Full Assurance of Faith
3. Inner heart sprinkled clean from an evil conscience
4. Bodies washed with pure water (Ephesians 5:26)

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Personal Application

Journaling Exercise:
Stand before each piece of Tabernacle furniture and invite Jesus to stand beside you. Ask Him to speak to you about your experience of this piece of furniture in your life.

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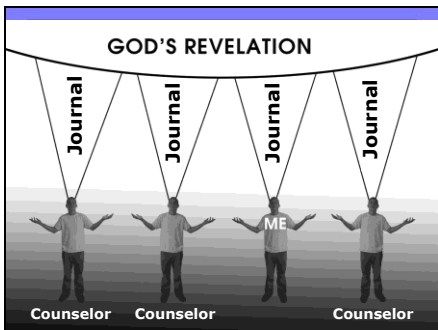
**Balancing the Six Pillars
in Various Situations**

2. When seeking specific,
directive guidance:
Rely more heavily on peace
in your heart, counsel of
others, and what experience
of life is saying back to you.

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Principle:
All prophecy is conditional,
based on man's response
(Ezekiel 33:13-16;
Jeremiah 18:7-10).

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Personal Application

Journaling Exercise:

Lord, what do You want to say to me concerning journaling? How important is journaling in my life? What time during my day is it best for me to journal?

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How to Internalize a New Truth

For example: I want to live comfortably out of the voice of God on a daily basis.

How do I get to that point?

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Four steps for internalizing a new truth

1. First we hear the truth expressed.

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**Four steps for
internalizing a new truth**

1. First we hear the truth expressed.
2. Then through revelation, God allows our hearts to see it.

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1. First we hear the truth expressed.
2. Then through revelation, God allows our hearts to see it.
3. We then acquire new skills through the anointing *and* diligent practice.

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**Four steps for
internalizing a new truth**

1. First we hear the truth expressed.
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4. Finally we discover ourselves naturally living a new lifestyle.

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**Four steps for
internalizing a new truth**

It's not magic.
It's not instant.
It is a well-defined process.

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**Jesus said that not everyone
would succeed in this process**
(Matt. 13 – parable of the sower and the seed)

- Some let satan rip it from them (through doubt, fear, apathy).
- Some never let it get past their heads and into their hearts.

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Jesus said that not everyone would succeed in this process
(Matt. 13 – parable of the sower and the seed)

- Some let the cares of life distract them from focusing on it.
- Some prepare their hearts and bring forth 30, 60 and 100 fold fruit.

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“... Seeing they do not see, and hearing they do not hear, nor do they understand... For this people’s heart has grown dull, and with their ears they can barely hear... but blessed are your eyes, for they see, and your ears, for they hear.”
Matt. 13:13-16
English Standard Bible
